

## Recruiting Information

### Freshman year

Play *volleyball, play club* or join a league. Keep *grades* up. Begin to think about *where* you might want to go to college---where meaning in the USA. Northeast, Southeast, Midwest, west coast, etc....what do you think you may want to study. Go to camps, go on tours and get experience. GO to college matches and visit the campuses too. Build a **resume** and have it on your computer so you can update it with information.

### Sophomore year

Play *volleyball, play club or join a league*. Keep your *grades* up. Start sending out (in Sept) a *letter of introduction/resume* to colleges and universities you may be interested in. Go to camps. **Take PSAT, PACT**. Talk to guidance counselor about colleges and universities you are interested in. Go *online* to check out what *positions* are available on the roster. (for instance if you are a setter will they need a setter at that university for the year you graduate) Go on tours of campuses and visit schools. **Follow up your fall letter with letters/emails** during your high school season. Also make sure coaches get your club schedule and updates during club season. Get a **skills tape** together and send it out to coaches in the spring.

### Junior year

*Play volleyball, play club*. Keep your *grades* up. Send *out updated letters and resume* to colleges/universities you are interested in. **Take the PSAT, PACT**. Talk to guidance counselor about your interests. After **Sept 1** you can receive email from college coaches. Start sending updates about your team and your statistics. Get a *skills tape* ready to go out to coaches by November/December. Skills, game footage and highlights. Begin filling out *questionnaires on line* –go to the university or college web page and fill it out online. **Take a visit to the school**, unofficial visits, you are allowed unlimited on campus unofficial visits. YOU need to go watch the team practice or play a match. Keep correspondence up with the coaches. **Take the SAT and/or ACT**. GO to camps/tours and play, play, play! Start filling out the *NCAA Clearinghouse* form and have transcripts sent in to the clearinghouse.

### Senior year

*Play volleyball, play club*. Keep your *grades* up. Fill out *NCAA Clearinghouse* form by September if you have not done it. **Take SAT or ACT again if needed**. Update colleges with your statistics, your interest, and interesting info, like a great game, highlights, and newspaper clippings. **YOU** can get phone calls after **June 1** from college coaches. **YOU** can **tryout** at NAIA, NCAA III and NCAA II schools after your high school season is over. **YOU** cannot tryout at NCAA I schools. **Make visits in fall/spring to schools**. **Apply** to the school or schools. Update a video if needed. **YOU** can take **5 official** visits but only 1 per school. Call coaches, email coaches show **YOUR** interest. Early **signing** is November for NCAA and then April for NCAA. NAIA schools are different. **YOU** can **commit** anytime----once you become a prospect which is 9<sup>th</sup> grade. A verbal commitment is solid from both parties. Plan your signing party....